

The Weight of Glory

the journey from a cry to a song

Come to Me

Matt 11:28 “Come to Me, all you who are weary and burdened, and I will give you rest.” NET

Jeremiah 29:11 “For I know the plans I have for you...plans to prosper you and not to harm you, plans to give you hope and a future.” NIV

John 10:10 “The thief comes only to steal and kill and destroy; I came that [you] may have life, and have it abundantly.” NASB

Isa 53:4a [I] bore your griefs; and [I] carried your sorrows; ESV

Heb 13:5b “I will never leave you nor forsake you.” ESV

John 10:11 [For] “I am the good shepherd; [and] the good shepherd lays down His life for the sheep.” NASB

John 16:33 “I have told you these things so that in Me you may have peace. In the world you have trouble and suffering, but take courage – I have [overcome] the world.” NET

John 12:24 “...Unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit.” NASB

Psa 126:5 Those who sow in tears shall reap with shouts of joy! ESV

Isa 41:10 [So] “fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, I will help you, I will uphold you with my righteous right hand.” ESV

Psalm 46:10 “Be still, and know that I am God;” ESV

Cries of the heart

Psalm 139 O Lord, You have searched me and known me. 2 You know when I sit down and when I rise up; You understand my thought from afar. 3 You scrutinize my path and my lying down, and are intimately acquainted with all my ways. 4 Even before there is a word on my tongue, behold, O Lord, You know it all. 5 You have enclosed me behind and before, and laid Your hand upon me. 7 Where can I go from Your Spirit? Or where can I flee from Your presence? 8 If I ascend to heaven, You are there; if I make my bed in Sheol, behold, You are there. 9 If I take the wings of the dawn, if I dwell in the remotest part of the sea, 10 Even there Your hand will lead me, and Your right hand will lay hold of me. 11 If I say, “Surely the darkness will overwhelm me, and the light around me will be night,” 12 Even the darkness is not dark to You, and the night is as bright as the day. NASB

Job 30:16 [But] now my soul is poured out within me; days of affliction have seized me. NASB

Job 30:27 The churning inside me never stops... NIV

Psalm 31:10 I am dying from grief [and] my years are shortened by sadness. Misery has drained my strength; I am wasting away from within. NLT

Psalm 69:1 Save me, O God! For the waters have come up to my neck. **2** I sink in deep mire, where there is no foothold; I have come into deep waters, and the flood sweeps over me. **3** I am weary with my crying out; my throat is parched. My eyes grow dim with waiting for my God. ESV

Psa 42 ⁷ Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have swept over me. ⁹ I say to God, my rock: “Why have you forgotten me? Why do I go [on] mourning because of the oppression of the enemy?” ¹⁰ As with a deadly wound in my bones, my adversaries taunt me, while they say to me all day long, “Where is your God?” ESV

Psa 6:3 My soul is greatly troubled. But O Lord—how long? ESV

Job 3:23 Why is life given to [someone] whose way is hidden, whom God has hedged in? ²⁴ For sighing has become my daily food; my groans pour out like water. ²⁵ What I feared has come upon me; what I dreaded has happened to me. ²⁶ I have no peace, no quietness; ...no rest, ...only turmoil. NIV

Lam 3:2 He has driven me and made me walk in darkness and not in light. **3** Surely against me He has turned His hand repeatedly all day long. **5** He has besieged and encompassed me with bitterness and hardship. **6** In dark places He has made me dwell, like those who have long been dead. ESV **17** Peace has been stripped away NLT; I have forgotten what happiness is. NET

Job 3:11 Why did I not perish at birth, and die as I came from the womb? NIV

Psa 77:2 In the day of my trouble I sought the Lord NASB; all night long I prayed, with hands lifted toward heaven NLT, [but] my soul refused to be comforted NASB. **3** When I remember God, I moan; when I meditate, my spirit faints. **4** You hold my eyelids open; I am so troubled that I cannot speak. ESV

Lam 3:18 ...My strength has perished, and so has my hope from the LORD. NASB

Psalm 61 ² From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I. NIV

Psa 31:2 Turn your ear to me, come quickly to my rescue; be my rock of refuge, a strong fortress to save me. NIV

Psalm 73:25 Whom do I have in heaven but You? NET

Psa 56:8 [For] You have taken account of my wanderings [and] put my tears in Your bottle. Are they not in Your book? NASB

Psa 102:1 Hear my prayer, O Lord; let my cry come to you! **2** Do not hide your face from me in the day of my distress! **3** For my days pass away like smoke, my bones burn like a furnace. **4** [and] my heart is struck down and withered like grass... ESV

Psalm 25:18 Look upon my affliction and my trouble, and forgive all my sins. NASB

Psa 57:1 Be gracious to me, O God, be gracious to me, for my soul takes refuge in You; and in the shadow of Your wings I will take refuge until destruction passes by. NASB

Wait for the Lord

Psa 42:11 Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. NIV

Job 1:21b The Lord gave and the Lord has taken away. Blessed be the name of the Lord.” NASB

Hab 3:17 Even though the fig trees have no blossoms, and there are no grapes on the vines NLT; though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, NIV ¹⁸ yet I will rejoice in the Lord! I will be joyful in the God of my salvation! NLT

Psalm 62:5 Find rest, O my soul, in God alone; my hope comes from him. NIV

Psa 23 The Lord is my shepherd, I shall not want. ² He makes me lie down in green pastures; He leads me beside quiet waters. ³ He restores my soul; He guides me in the paths of righteousness for His name’s sake. ⁴ Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me. ⁵ You prepare a table before me in the presence of my enemies; You have anointed my head with oil; My cup overflows. ⁶ Surely goodness and lovingkindness will follow me all the days of my life, and I will dwell in the house of the Lord forever. NASB

Psa 119:116 Sustain me according to Your word, that I may live; and do not let me be ashamed of my hope. NASB

2Chron 16:9 The eyes of the Lord search the whole earth in order to strengthen those whose hearts are fully committed to him. NLT

Psalm 31:16 Make your face shine on your servant; save me in your steadfast love! ESV

Psa 97:11 Light is sown for the righteous, and joy for the upright in heart. ESV

Psa 27:13 I would have despaired unless I had believed that I would see the goodness of the Lord in the land of the living. ¹⁴ Wait for the Lord; be strong and let your heart take courage; yes, wait for the Lord. NASB

Psa 30:5 For His anger is but for a moment, His favor is for a lifetime; Weeping may last for the night, but a shout of joy comes in the morning. NASB

A new song

Psa 40:1 I waited patiently for the Lord; he turned to me and heard my cry. ² He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. ³ He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the Lord and put their trust in him. NIV

2Sam 22 31 [For] God's way is perfect [and] all the Lord's promises prove true. He is a shield for all who look to him for protection. NLT³² "For who is God, but the Lord? And who is a rock, except our God? ESV³³ It is God who arms me with strength and keeps my way secure. NIV³⁴ He makes me as surefooted as a deer, enabling me to stand on mountain heights. NLT

Psa 34:4 I sought the Lord, and He answered me, and delivered me from all my fears.⁵ Those who look to him are radiant, and their faces shall never be ashamed. ESV

Psa 34:15 The eyes of the LORD are toward the righteous and His ears are open to their cry.¹⁸ The Lord is near to the brokenhearted and saves those who are crushed in spirit.¹⁹ Many are the afflictions of the righteous, but the Lord delivers him out of them all.²² The Lord redeems the soul of His servants, and none of those who take refuge in Him will be condemned. ESV

Psalms 91:1 [For] those who live in the shelter of the Most High will find rest in the shadow of the Almighty.² This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him.³ For he will rescue you from every trap and protect you from deadly disease.⁴ He will cover you with his feathers [and] shelter you with his wings. His faithful promises are your armor and protection.⁵ Do not be afraid of the terrors of the night, nor the arrow that flies in the day.⁶ Do not dread the disease that stalks in darkness, nor the disaster that strikes at midday. NLT

Psa 9:9 [For] the Lord will be a stronghold for the oppressed, a stronghold in times of trouble;¹⁰ And those who know Your name will put their trust in You, For You, O Lord, have not forsaken those who seek You. NASB

Come and listen

Zeph 3:17 The Lord your God is in your midst, a mighty one who will save; He will rejoice over you with gladness; He will quiet you by his love ESV; He will rejoice over you with shouts of joy. NASB

Psalms 34:8 O taste and see that the Lord is good; how blessed [are those] who take refuge in Him! NASB

Psa 66:16 Come and listen, all you who fear God; let me tell you what He has done for me. NIV

Psalms 71:15b All day long I will proclaim [His] saving power! NLT

2Sam 22:5 [For] the waves of death swirled about me NIV [and] floods of destruction swept over me.⁶ The grave wrapped its ropes around me [and] death laid a trap in my path. NLT⁷ But in my distress I called upon the Lord, Yes, I cried out to my God NIV; and from His temple He heard my voice, and my cry for help came to His ears. NASB

Psa 107:29 He caused the storm to be still, so that the waves of the sea were hushed. NASB

Psalms 116:7a Be at rest once more, O my soul, for the LORD has been good to you. NIV

Prov 3:24 [And] when you lie down, you will not be afraid; when you lie down, your sleep will be sweet. NASB

Psalm 116⁸ For you, O Lord, have delivered me from death, my eyes from tears, my feet from stumbling, NIV

Psalm 94:17 If the Lord had not been my help, my soul would soon have lived in the land of silence. ESV **18** When I thought, “My foot is slipping,” NLT your steadfast love, O Lord, held me up. ESV **19** When the cares of my heart are many ESV, your comfort delights my soul. NKJV

Psalm 59:16 As for me, I will sing about your power. Each morning I will sing with joy about your unfailing love. For you have been my refuge, a place of safety when I am in distress. NLT

Psalm 31:7 I will rejoice and be glad in Your lovingkindness, because You have seen my affliction [and] You have known the troubles of my soul, NASB

Psa 46:1 God is our refuge and strength, a very present help in trouble. NASB

Job 36:15 He delivers the afflicted by their affliction and opens their ear by adversity. ESV

Isa 30²⁰ And though the Lord give you the bread of adversity and the water of affliction, yet your Teacher will not hide himself anymore, but your eyes shall see your Teacher. **21** And your ears shall hear a word behind you, saying, “This is the way, walk in it,”... ESV

Job 23:10 [Yes], He knows the way I take [and] when He has [tested] me, I shall come forth as gold. NASB

Psa 103: 1 Bless the Lord, O my soul, and all that is within me, bless His holy name. **2** Bless the Lord, O my soul, and forget none of His benefits; **3** Who pardons all your iniquities, who heals all your diseases; **4** Who redeems your life from the pit, who crowns you with lovingkindness and compassion; **5** Who satisfies your years with good things, so that your youth is renewed like the eagle’s. NASB

Psalm 31:24 Be strong and let your heart take courage, all you who hope in the Lord. NASB

Isa 61:3 ...[For He] will bestow on [us] a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. [We] will be called oaks of righteousness, a planting of the Lord for the display of his splendor. NIV

Jer 17:8 ...like a tree planted near a stream whose roots spread out toward the water. It has nothing to fear when the heat comes [and] its leaves are always green. NET It has no worries in a year of drought and never fails to bear fruit. NIV

- The Weight of Glory -

1Peter 4:12 [And so] beloved, do not be surprised at the fiery ordeal among you, which comes upon you for your testing, as though some strange thing were happening to you; NASB **13** But rejoice in the degree that you have shared in the sufferings of Christ, so that when His glory is revealed you may also rejoice and be glad. NET

1Peter 5:10 And after you have suffered a little while, the God of all grace, who has called you to His eternal glory in Christ, will Himself restore, confirm, strengthen, and establish you. ESV

James 1:2-4 Consider...it all joy when you encounter various trials, knowing that the testing of your faith produces endurance. NASB

Romans 5:4-5 and endurance *ESV*, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us. NASB

Heb 6:19 [And] this hope we have as an anchor of the soul, a hope both sure and steadfast... NASB

Heb 10:23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful; NASB

Hebrews 4:16 Let us therefore draw near with confidence to the throne of grace, that we may receive mercy and may find grace to help in time of need. NASB

1Peter 1³ Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead,⁴ to obtain an inheritance which is imperishable and undefiled and will not fade away, reserved in heaven for you,⁵ who are protected by the power of God through faith for a salvation ready to be revealed in the last time.⁶ In this you greatly rejoice, even though now for a little while, if necessary, you have been distressed by various trials,⁷ so that the proof of your faith, being more precious than gold which is perishable, even though tested by fire, may be found to result in praise and glory and honor at the revelation of Jesus Christ; NASB

Psa 27:1 The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid? *ESV*

Romans 8: Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? 37 No, in all these things we are more than conquerors through Him who loved us. 38 For I am convinced that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers,³⁹ nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. *ESV*

Matt 12:21 [For] His name will be the hope of all the world! *NLT*

Romans 8:28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose. NASB

2Corinthians 4:17 For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, NASB

Romans 8:18 For I consider that the sufferings of this present time are not worthy to be compared with the glory that is to be revealed to us. NASB

2Cor 12:9 And [Jesus] has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. 10 Therefore I am well content with weaknesses, with insults,

with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong. NASB

- The God of all hope -

2Th 2: 16 [And] now may our Lord Jesus Christ Himself and God our Father, who has loved us and given us eternal comfort and good hope by grace,¹⁷ comfort and strengthen your hearts in every good work and word. NASB

Eph 1:18 and I pray that the eyes of your heart may be enlightened, so that you will know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the surpassing greatness of His power toward us who believe... NASB

Rom 15:13 May the God of hope fill you with all joy and peace in believing, so that you will abound in hope by the power of the Holy Spirit. NASB

Rom 15:4 For whatever was written in earlier times was written for our instruction, so that through perseverance and the encouragement of the Scriptures we might have hope. NASB

1Peter 1:23 You have been born again not of seed which is perishable but imperishable, that is, through the living and enduring word of God. NASB

Eph 3:20 Now to him who is able to do immeasurably more NIV than all we ask or think, according to the power at work within us,²¹ to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. ESV

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